

# Remote Monitoring and Interrogation for Cardiovascular Electronic Implantable Devices (CEIDs): **The New Standard of Care**

**Adapted from the 2015 HRS Expert Consensus  
Statement on Remote Interrogation and Monitoring  
for Cardiovascular Electronic Implantable Devices**

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**Reviewed by the 2016 HRS Education  
Programs and Service Subcommittee**

# Remote Monitoring (RM)— The New Standard of Care

## 1. Safety

- a. RM is safe and effective (TRUST, COMPAS)

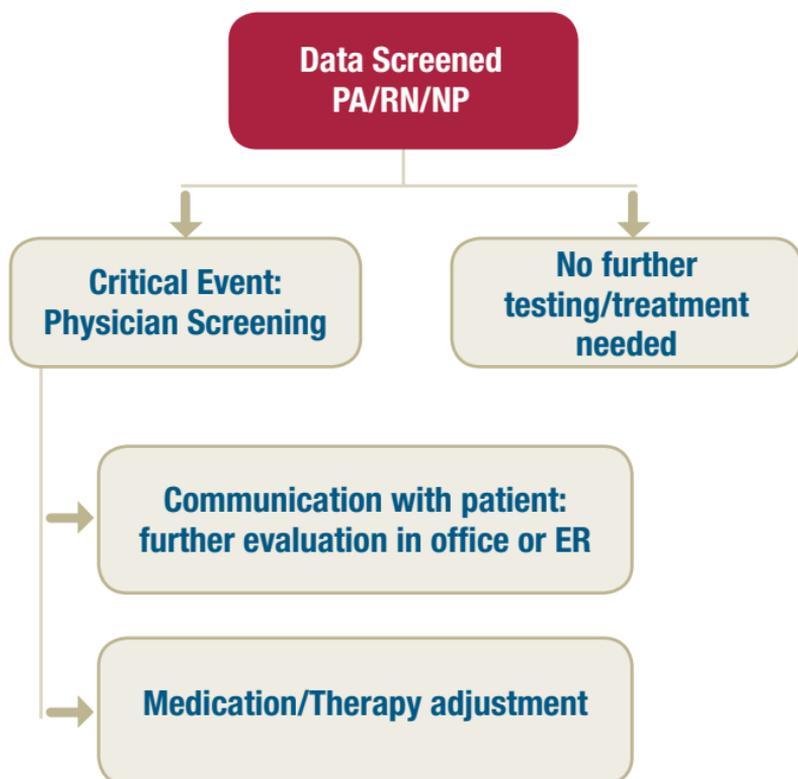
## 2. Early Event Detection

- a. Fewer shocks and increased battery longevity (ECOST)
- b. Accurate detection of atrial fibrillation
- c. Fewer ER visits and shorter hospitalizations (COMPAS, CONNECT, EVOLVO)
- d. Early detection of heart failure (IN-TIME)

## 3. Improved Survival

- a. The degree of benefit corresponds with the degree of adherence to RM (ALTITUDE, IN-TIME, MERLIN)

### Device Clinic Workflow



## Patient Education

### Explain benefits

Daily monitoring of device function and arrhythmia detection

Complements in-person visits

### Set expectations

Device clinic receives RM interrogations during business hours (e.g. 5 days/week; 9 a.m. to 5 p.m.)

RM is **not** an emergency response system

What happens if an abnormal value is detected by RM

### Review patient responsibilities

Keep contact information up to date

Advise clinic of other health care providers to whom reports should be communicated

Maintain the function of the transceiver (keep it plugged in)

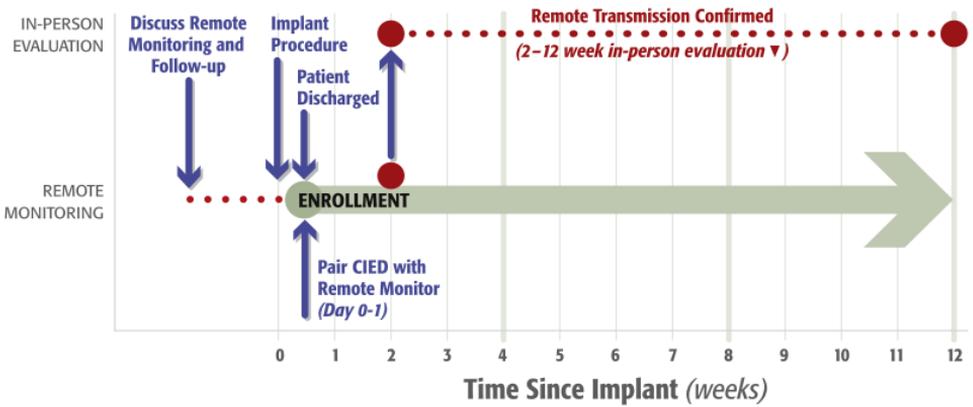
Comply with scheduled in-person visits

If instructed by device clinic, return for in-person evaluation

Inform clinic of extended travel

## Initiation at the Time of Implant

- RM should be initiated at the time of CIED implant.
- Patients should be informed if the device is transmitting appropriately at the postoperative wound check.
- Immediate feedback following CIED implant gives the patient confidence in the process and reinforce the essential role that RM will serve during the lifecycle of their CIED.



▼ Interim report generation & communication with other health care providers, including heart failure data.

Source: 2015 HRS Expert Consensus Statement of Remote Interrogation and Monitoring for Cardiovascular Electronic Implantable Devices.

Supported in part by Medtronic, St. Jude Medical, and Boston Scientific.



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