**Sudden Cardiac Death Primary Prevention Protocols**

**Ejection Fraction ≤**

- **35% for Non-Ischemic Cardiomyopathy**
- **40% for Ischemic Cardiomyopathy**

### Any Cardiomyopathy
- Not on Optimal Medical Therapy

### Post-MI or Ischemic Cardiomyopathy
- With Revascularization (PCI or CAB)
  - ICD Waiting Period > 3 Months

### Post-MI
- Without Revascularization
  - ICD Waiting Period > 40 Days

### Any Cardiomyopathy
- Beyond ICD Waiting Period on Optimal Medical Therapy

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**Initiate or Titrate Medical Therapy**
- Beta Blocker — ACE/ARB — Aldosterone Antagonist

**Discharge Home; Continue Optimization of Medical Therapy**
- Consider Consultation with Heart Rhythm Specialist/
  - Consider Wearable Cardioverter Defibrillator

**Reassess EF @ 3 Months**
- Non-Ischemic Cardiomyopathy EF ≤ 35%
- Ischemic Cardiomyopathy EF = 36–40% ➔ Consider Further Risk Stratification/Consultation with Heart Rhythm Specialist*
  - EF ≤ 35%

**Reassess EF @ 40 Days**

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